Gold trade journal: gain or loss?

How much did I gain or lose on each gold trade I closed? And what are the ones I still hold worth?

1 Use it in 4 steps

1. One line per trade: a name, the grams, the selling price per gram you paid and the fee per gram.
2. If you sold, type the price per gram you sold at and the deduction %, if any.
3. Type today's buying price for the same karat to value the open trades.
4. Read the realized result, the paper result and the total. Delete the "Example" rows before you start.

2 The calculation

1. Cost = grams × (price per gram you paid + fee per gram × (1 + VAT)).
2. Realized = grams × sale price × (1 – deduction) – cost (closed trades).
3. On paper = grams × today's buying price – cost (open trades).

3 Worked example Example

VAT on the fee (example 14%): 14% · Today's buying price, same karat (example): 7,009.37

Trade	Grams	Cost	Realized gain / loss	Paper gain / loss	%	Status
Example 10 g bar	10.000	67,526.00	2,567.70	0.00	3.8%	Closed
Example 5 g bar	5.000	35,020.00	0.00	26.85	0.1%	Open
Example 20 g bar	20.000	145,052.00	0.00	–4,864.60	–3.4%	Open

Result	Value
Realized (closed trades)	2,567.70
On paper (open trades)	–4,837.75
Total	–2,270.05
Total cost	**247,598.00**

4 The table: fill it in by hand

Trade	Grams	Price per gram you paid	Fee per gram	Sold at, per gram (if sold)	Deduction on sale %	Cost

Prices and calculations are for information only. They are not financial advice, an offer to buy or sell, or a religious ruling. Check tax matters with your accountant.

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